

1. Description?

- Windows** | StayFocusd is a Google Chrome extension that promotes concentration.
- MacOs** | For Mac users, there is the similar **SelfControl** extension in Safari. Mac users can also install Google Chrome and use StayFocusd.

2. For whom and why?

- StayFocusd can be useful for all students. The extension ensures that users are productive and less distracted by certain websites, such as e.g. social media.

3. How does it work?

- Time limit** | You set a time limit for using a particular site. Once the limit is reached, the website is blocked until the next day. To bypass security, you need to perform an unpleasant task.
- Nuclear Option** | The 'Nuclear Option' feature blocks the entire browser.
- Whitelist** | By using a whitelist you can block all external websites except those on the whitelist.

4. Pricing

- StayFocusd is **free of charge**.

5. Language

- StayFocusd is available in English.

6. Type and platform

- StayFocusd is a **Google Chrome extension**, available through the Google Chrome Browser.

7. More information?

- [Read more about StayFocusd in the Google Chrome Web store.](#)